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11.0 PERSONNEL HEALTH REQUIREMENTS

11.1 All CDC staff shall be in good physical and mental health and free from communicable disease.

11.1.1 All staff shall have a pre-employment health screening within 2 weeks of employment and annually thereafter.

11.1.2 Screenings shall include a test for tuberculosis and any other tests deemed necessary by appropriate medical authorities.

11.1.3 Screening of employees for the presence of the HIV antibody prior to employment is not warranted or recommended.

11.1.4 Certification of employee screenings shall be documented per locally approved means and kept on file at the CDC for each employee, while employed in that capacity.

11.2 Staff shall be immunized, except where religious beliefs preclude, against poliomyelitis, tetanus, diphtheria, rubella measles (rubeola), and mumps.

11.2.1 Other immunizations may be required at the option of local medical authorities.

11.2.2 Specific vaccine requirements include:

- A primary series of either oral polio vaccine or enhanced potency inactivated vaccine.
- A primary series of tetanus and diphtheria, toxoid, and appropriate booster series.

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PERSONNEL HEALTH REQUIREMENTS, cont.

- One dose of rubella vaccine given after 12 months of age or serologic evidence of immunity to rubella.
- Two doses of measles vaccine given after 12 months of age (given at least 1 month apart), written documentation of physician-diagnosed measles, or serologic evidence of immunity to measles. Staff members born before 1957 require only one dose of vaccine, should vaccine be indicated.
- One dose of mumps vaccine given after 12 months of age, written documentation of physician-diagnosed mumps or serologic evidence of immunity to mumps.
- The use of a combined measles-mumps-rubella vaccine is strongly recommended to meet these requirements should an individual require one of these three vaccines. Immunization or documented evidence of immunity against these childhood diseases is of paramount importance for all CDC employees and FCC providers.

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PERSONNEL HEALTH REQUIREMENTS, cont.

- 11.3 Staff members who have fever, an acute diarrhea illness, skin infections, infected wounds or acute respiratory infections shall not be permitted to care for children, prepare food, or be employed in any capacity where there is a likelihood of transmitting disease to other individuals.
- 11.3.1 Adults shall be excluded when one or more of the following conditions exists:
- Chicken pox, until at least 6 days after the onset of the rash, but in any event, not until all sores have dried and crusted over
 - Shingles, only if the sores cannot be covered by clothing or a dressing until the sores have crusted
 - Rash with a fever or joint pain, until diagnosed not to be measles or rubella
 - Measles or rubella, until 5 days after rash onset
 - Diarrheal illness, three or more episodes of diarrhea during the previous 24 hours, until the diarrhea resolves
 - Vomiting illness, two or more episodes of vomiting during the previous 24 hours, until vomiting resolves or is determined to be due to noncommunicable conditions
 - Hepatitis A virus, as directed by appropriate health care personnel
 - Pertussis, until after 5 days of antibiotic therapy

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PERSONNEL HEALTH REQUIREMENTS, cont.

- Skin infection (impetigo) until 24 hours after treatment initiated.
- Strep throat or other streptococcal infection, until 24 hours after initial treatment and cessation of fever.
- Scabies, head lice, other infestation, 24 hours after treatment has been initiated
- Purulent conjunctivitis, until 24 hours after treatment has been initiated
- Hemophilus influenza type b (Hib), until approved by health care provider
- Meningococcal infection, until approved by health care provider
- Respiratory infection, exclusion not necessary if not contagious, or until determined to no longer be contagious and/or approved by health care provider

11.3.2 Volunteer personnel shall meet the same health requirements as regular staff personnel.

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PERSONNEL HEALTH REQUIREMENTS, cont.

11.4 Personal Hygiene

- 11.4.1 All staff members, including food service personnel, shall wear clean outer garments and maintain a high degree of personal cleanliness.
- 11.4.2 Staff shall wash their hands thoroughly after toileting, changing diapers, assisting children with toilet use, wiping noses, or when hands otherwise become soiled or contaminated with body fluids. Hands shall be washed before food preparation or service. Particular attention shall be given to cleaning under the fingernails.
- 11.4.3 Personnel who work in food preparation areas shall maintain the personal hygiene standards required by Navy Environmental Health Center.
- 11.4.4 Personal hygiene shall be a high priority topic during the orientation training given to all new staff members.